

# Saturday, September 19<sup>th</sup>, 2015

Firestone Institute for Respiratory Health  
50 Charlton Avenue East, Hamilton, ON L8N 4A6

## *2<sup>nd</sup> Annual* Firestone Institute for **RESPIRATORY HEALTH DAY:** *Management in Primary Care Practice*



Firestone Institute for  
Respiratory Health



### Target Audience

FP/GPs, Internists, Respiriologists,  
Nurse Practitioners, RNs,  
Respiratory Therapists, Students  
and Residents.

### Learning Objectives

**By attending this activity, participants will be able to:**

- Evaluate and discuss the current approaches to the treatment of asthma, COPD, Asthma COPD Overlap Syndrome, Smoking Addiction and Cessation and Lung Cancer Screening.
- Learn practical approaches to medical problems in the discipline of respirology encountered by hospital based and community based family medicine practitioners.
- Understand and implement current treatments for respiratory conditions.
- Update knowledge and assist in the management of respiratory disease.

**REGISTER ONLINE @ [www.fhs.mcmaster.ca/conted/register.html](http://www.fhs.mcmaster.ca/conted/register.html)**

### FOR REGISTRATION INFORMATION

Continuing Health Sciences Education  
Phone: 905-525-9140 ext. 22671  
Email: [cmereg@mcmaster.ca](mailto:cmereg@mcmaster.ca)  
Website: [www.fhs.mcmaster.ca/conted](http://www.fhs.mcmaster.ca/conted)



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# Agenda

\*Activity subject to change

0830-0900	<b>Registration and Breakfast</b>	1320-1350	<b>Workshop A - Smoking Cessation</b> <b>Dr. Andrew Pipe</b>
0900-0915	<b>Welcome, Overview of Course and Program Objectives</b> <b>Dr. Paul O'Byrne and Dr. David Price</b>		<b>Workshop B - PFT Measurement</b> <b>Dr. Mark Inman</b>
0915-0935	<b>Asthma</b> <b>Dr. Paul O'Byrne</b>	1350-1420	<b>Workshops A &amp; B Repeated</b> <i>(you will be automatically registered for both workshops)</i>
0935-0945	<i>Question and Answer</i>	1420-1440	<b>Respiratory Rehabilitation Program</b> <b>Dr. Natya Raghavan</b>
0945-1005	<b>Pediatric Asthma</b> <b>Dr. Jackson Wong</b>	1440-1450	<i>Question and Answer</i>
1005-1015	<i>Question and Answer</i>	1450-1510	Coffee Break
1015-1035	<b>Investigation of Pulmonary Nodules</b> <b>Dr. Jacob Gelberg</b>	1510-1530	<b>Smoking and the Immune System</b> <b>Dr. Martin Stampfli</b>
1035-1045	<i>Question and Answer</i>	1530-1540	<i>Question and Answer</i>
1045-1105	Coffee Break	1540-1610	<b>Case Study Presentation : Lung Cancer</b> <b>Dr. Jacob Gelberg</b>
1105-1125	<b>Management of COPD</b> <b>Dr. Dennis O'Donnell</b>		<b>Expert Panel and Audience Discussion</b> <b>Dr. Parameswaran Nair</b> <b>Dr. Helen Neighbour</b> <b>Dr. Richard Tytus</b> <b>Dr. Martin Kolb</b>
1125-1135	<i>Question and Answer</i>		
1135-1155	<b>Asthma COPD Overlap Syndrome</b> <b>Dr. Shawn Aaron</b>		
1155-1205	<i>Question and Answer</i>	1610-1640	<b>Case Study Presentation: COPD</b> <b>Dr. Rebecca Amer</b>
1205-1225	<b>Smoking Addiction</b> <b>Dr. James MacKillop</b>		<b>Expert Panel and Audience Discussion</b> <b>Dr. Parameswaran Nair</b> <b>Dr. Helen Neighbour</b> <b>Dr. Richard Tytus</b> <b>Dr. Martin Kolb</b>
1225-1235	<i>Question and Answer</i>		
1235-1320	Lunch		
		1640-1700	Closing Remarks and Adjourn <b>Dr. Paul O'Byrne</b>

## DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education Program requires all speakers and planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally and using a slide prior to the speaker's presentation.

## Faculty

**Paul O’Byrne, MB, FRCPC, FRSC**

**Co-Chair**

*Chair, Department of Medicine*

*Professor, McMaster University*

*Executive Director, Firestone Institute for Respiratory Health*

**David Price, MD, CCFP, FCFP**

**Co-Chair**

*Chair, Department of Family Medicine*

*Professor, McMaster University*

*David Braley Health Sciences Centre*

**Martin Kolb, MD, PhD**

*Director, Division of Respiriology*

*Professor, McMaster University*

*Research Director, Firestone Institute for Respiratory Health*

**Jackson Wong, MBBS, DCH, FRCP, FRCPC, FRCP Edin, FHKAM, FHKCPaed**

*Division Head Pediatric Respiriology*

*Associate Professor, McMaster University*

**Jacob Gelberg, MD, FRCPC**

*Assistant Professor, McMaster University*

*Firestone Institute for Respiratory Health*

**James MacKillop, PhD**

*Peter Boris Chair in Addictions Research*

*Director, Peter Boris Centre for Addictions Research*

*Professor, Psychiatry and Behavioural Neurosciences*

*McMaster University*

**Mark Inman, MD, PhD**

*Professor, McMaster University*

*Firestone Institute for Respiratory Health*

**Natya Raghavan, MD, FRCPC**

*Assistant Professor, McMaster University*

*Firestone Institute for Respiratory Health*

**Martin Stampfli, PhD**

*Professor, Department of Pathology and Molecular Medicine*

*McMaster University*

*Firestone Institute for Respiratory Health*

**Helen Neighbour, MB, PhD, MRCP (UK)**

*Associate Professor, McMaster University*

*Firestone Institute for Respiratory Health*

**Parameswaran Nair, MD, PhD, FRCP, FRCPC**

*Professor, McMaster University*

*Firestone Institute for Respiratory Health*

**Rebecca Amer, MD, FRCPC**

*Director, Respiriology Residency Training Program*

*Associate Professor, McMaster University*

**Richard Tytus, MD**

*Associate Clinical Professor*

*McMaster University*

## Guest Faculty

**Dennis O’Donnell, FRCPC, FCCP**

*Professor, Departments of Medicine, Physical Medicine and Rehabilitation Physiology*

*School of Kinesiology and Health Studies, Queen’s University*

**Shawn Aaron, MD, FRCPC**

*Division Director – Respiriology*

*Professor, University of Ottawa*

**Andrew Pipe, CM, BA, MD, LLD (HON), DSc (HON)**

*Chief of the Division of Prevention and Rehabilitation at the University of Ottawa Heart Institute*

*Professor, Faculty of Medicine*

*University of Ottawa*

## Planning Committee

**Paul O’Byrne, MB, FRCPC, FRSC**

**Co-Chair**

*Chair, Department of Medicine*

*Professor, McMaster University*

*Executive Director, Firestone Institute for Respiratory Health*

**David Price, MD, CCFP, FCFP**

**Co-Chair**

*Chair, Department of Family Medicine*

*Professor McMaster University*

**Martin Kolb, MD, PhD**

*Director, Division of Respiriology*

*Professor, McMaster University*

*Research Director*

*Firestone Institute for Respiratory Health*

**Zrinka DiVincenzo, BA, CHRP**

*Administrator*

*Firestone Institute for Respiratory Health*

*Department of Medicine, McMaster University*

**Raquel Whitwell**

*Administrative Coordinator, Division of Respiriology*

*McMaster University*

*Firestone Institute for Respiratory Health*

## Accreditation Statement

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

### The College of Family Physicians of Canada Mainpro-M1:

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by McMaster University, Continuing Health Sciences Education Program for up to **6.25 Mainpro-M1 credits**.

### The Royal College of Physicians & Surgeons of Canada MOC Section 1:

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by McMaster University, Continuing Health Sciences Education Program for up to **6.25 MOC Section 1 credits**.

### American Medical Association:

Through an agreement between The Royal College of Physicians and Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at:

[www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

## General Information

### CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity should you provide CHSE with your email address. Receipts will be provided in your registrant package upon arrival at the activity.

### CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **September 5, 2015** will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

### LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- *To any individual attending this activity.*
- *That may result from the use of technologies, program, products and/or services at this activity.*
- *That may arise out of, or during this activity.*

## Sponsor

An unrestricted educational grant has been provided by:

**AstraZeneca**

## Directions

### Firestone Institute for Respiratory Health

St. Joseph's Healthcare, Juravinski Tower  
2nd Floor, Miller Amphitheatre  
50 Charlton Avenue East  
Hamilton, ON L8N 4A6

### From Niagara Falls

- From QEW Toronto take exit 88-89 Red Hill Valley Pkwy
- Merge onto Red Hill Valley Pkwy S Take King Street exit, continue on King Street East
- Turn RIGHT onto King St E
- Turn right onto the ramp to Mountain Access
- Merge RIGHT Kenilworth Ave S
- At roundabout, take the 1st exit onto Kenilworth Access
- Take the ramp onto Sherman Access
- Turn LEFT onto Charlton Ave East

### From Brantford

- 403 Hamilton / Toronto
- Exit on Main Street East
- Follow Main Street to James Street
- Turn RIGHT on James Street and Turn LEFT onto Charlton Ave

### From Toronto

- QEW Niagara to 403 Hamilton
- Exit on Main Street East
- Follow Main Street to James Street
- Turn RIGHT on James Street and Turn LEFT onto Charlton Ave

## Hotel Accommodations

### Sheraton Hamilton Hotel

116 King St W, Hamilton, ON  
905-529-5515

Quote: St. Joseph's/McMaster/Firestone Group rate.





Parking Information (rates subject to change without notice)

- Premium Parking on Charlton Ave. \$3.50 per half hour or \$25.00 for the day (direct access to the Juravinski Tower)
- Parking Garage #3 Fontbonne, off James Street South Ramp: \$3.50 per half hour or \$20.00 for the day (if you park here walk down James to Charlton to arrive at Juravinski Tower)
- Municipal parking lots approximately \$10 for the day: <http://www.hamilton.ca/streets-transportation/tickets-parking/municipal-car-parks> (Lot 40 & 70 are closest to hospital about a 15 minute walk)
- Parking metres on Charlton and surrounding side streets
- Additional free parking in residential areas near the hospital refer to street signage

