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## Skin Test Preparation

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### Should I stop taking any medication before this test?

- 4 days before the test stop taking any medications for allergies or colds that contain antihistamine.
- Stop taking Livostin eyedrops
- Stop taking Graval
- It is not necessary to stop your puffers or nasal sprays

### How long will the test take?

The test will take about 30 minutes. You will then see a doctor who will assess your test results, address any questions you may have and discuss treatment. You should expect to be here about 2 hours.

### How is the test done?

A drop of allergy solution is placed on the arm and pinpricked.

### Is there any risk involved?

Skin tests are very safe. A positive skin test generally goes away within 30 to 60 minutes.

More severe reactions are very rare.

If for any reason you are not able to keep your appointment, please try to give 24 hours notice so another person can come in your place.

If you have any questions or concerns, please call the Adverse Clinic at 905-522-1155 ext 35210, Monday – Friday between 8:00 AM – 4:00 PM.